## VIFE: SAFER, EASIER FIBROID SOLUTION

## WHAT ARE UTERINE FIBROIDS?

**Benign tumors** that are **not cancerous**. Common in all women, uterine fibroids are **particularly common**—and **disproportionately affect—women of color**.

## WHAT IS UTERINE FIBROID EMBOLIZATION (UFE)?

Outpatient, non-surgical treatment option for women suffering with uterine fibroids symptoms, including:

- Pelvic pain or pressure
- Heavy menstrual bleeding
- Increased urination, especially at night

Performed by an Interventional Radiologist (physician trained in minimally invasive procedures), UFE is covered by all insurances. Medicare & Medicaid, too.

## WHY UFE, INSTEAD OF HYSTERECTOMY?

UFE is much safer, less invasive, and you recover quicker: 5-7 days (vs. 6-8 weeks). And unlike hysterectomy, you keep your uterus—even have children afterwards. Uterine fibroids are the number 1 reason why women undergo hysterectomy. But because fibroids are benign—and UFE is 90% safe and effective [1]—having your uterus surgically removed is unnecessary...and harmful!

Almost ALL women who are surgical candidates are also candidates for UFE. Even if you are uninterested in fertility, a hysterectomy can have negative consequences, such as:

- Urinary leaking
- Significant bone loss
- Increased risks for high blood pressure, heart attack, stroke
- Sexual dysfunction, including loss of sex drive and orgasm
- Psychological trauma (like a man being castrated)

RADIOLOGY HEALTH EQUITY COALITION

